

## Halftime

By Bob Buford

### **1<sup>st</sup> Half**

This is a time period marked by striving to success. Buford talks of the internal struggle that goes on in wanting to grow financially and in the eyes of the world, and yet allowing our heart for ministry and service to completely take root. This is an “internal tug-of-war” which we face. For me, one of the most valuable truths from this section of the book was the understanding that agape is the word for love and charity. It’s the expression of love. And the greatest question from the first half was simply “What is in the box?”, forcing reflection on what is truly valuable to me as I look to the rest of the 1<sup>st</sup> half.

### **Halftime**

As a key time in a man’s life, this period is best defined as the changing from success to a desire for on-going and lasting significance. Halftime is about making peace with the 1<sup>st</sup> half regrets, taking time to slow down to reflect and plan, be deliberate in planning the 2<sup>nd</sup> half, and a call to action of sharing the journey and be honest about the steps that will ultimately honestly happen without the influence of outlandish dreaming or wishing. Through all of this, there is an overpowering focus on the one thing to which we will be committed to for the rest of our lives. The most powerful quote from this section is “If you cannot afford to take the time and solitude before God that finding your “one thing” requires, you are not ready to find it.”

### **2<sup>nd</sup> Half**

The legacy left through our desire to commit our lives completely to our primary focus becomes the anthem of the 2<sup>nd</sup> half. This is a time of formulating, and living by, a clear mission statement. It is a time of using the experiences of the 1<sup>st</sup> half, the lessons and reflections of halftime, and the gifts God has placed within you to be intentional in the legacy of significance we get to leave behind. Buford also talks about the team in this section, understanding that we play a role in the big picture of investing into others, spreading our influence and impact further than would be possible if we were inwardly focused and consumed.

The idea of the epitaph stating 100X was powerful to me. I desire to live this clear focused and passionate life, sold out to the “one thing” that God has prepared me for. *God, what is the one thing you want me to do?*